



Ray "Grandpa" Ortiz, Founder, Est. 1978

#### CONTACT INFORMATION

\*Ronald Crockem, Head Coach – 504-234-6613

\*John Wachowski, Coach – 909-815-9270

\*Kim Wachowski, Coach/Field Secretary – 909-260-6962

\*Santiago & Blanca Avila, Asst. Coaches- 213-272-7144

\* Marcus Baca, Asst. Coach 909-635-7494

**WWW.CHINOPUMAS.ORG**

The Chino Puma's Youth Track Club's season will officially begin on January 6<sup>th</sup>, 2020. Participant registration will be held 12/30/19 and 1/6/20 from 5-6:30pm at the Chino HS Track. Participants may also register during the first hour of any of our scheduled practices through the end of April. All participants are required to attend scheduled practices and must notify a coach if it is necessary to be absent. If there is a conflict with another activity, please let coaches know so they can work with you. Practices are held at the Chino High School Track located at 5472 Park Place in Chino.

**PRACTICE SCHEDULE: Mon–Wed–Fri 5:00 to 7:00 PM\*\***

**\*\* Times may vary in the beginning of the season due to light limitations/other sports at the track.**

**Athletes compete in the following age divisions based on their BIRTH YEAR:**

|                                       |                  |
|---------------------------------------|------------------|
| <b>8 and under (Sub-Bantam)</b>       | <b>2014-2012</b> |
| <b>9-10 years old (Bantam)</b>        | <b>2011-2010</b> |
| <b>11-12 years old (Midgets)</b>      | <b>2009-2008</b> |
| <b>13-14 years old (Youth)</b>        | <b>2007-2006</b> |
| <b>15-16 years old (Intermediate)</b> | <b>2005-2004</b> |
| <b>17-18 years old (Young)</b>        | <b>2003-2002</b> |

- Athletes must be at least 7 years old on December 31<sup>st</sup> of the current year to compete at the Youth Athletics or Junior Olympic National Championships. Athletes that are still 18 through the last day of the National Junior Olympics held at the end of July are still eligible to compete in the Young men/women category. **A birth certificate is required if you are a new member.**

We offer training in all running and field events for boys and girls from ages 6-18 years old which includes: 100M, 200M, 400M, 800M, 1500M, 3000M, hurdles and relay running events as well as Long Jump, High Jump, Triple Jump, Mini-Javelin, Javelin, Discus, Shot Put and Pole Vault. Participants will have the opportunity to compete in a wide range of events appropriate for their respective age and experience level. Parent participation is mandatory in order for our team and our athletes to truly benefit from this experience. We encourage parents to be actively involved throughout the season as this will help to ensure all participants have both a positive and safe experience. **\*If any parents are willing/able to assist with coaching, please see the coaching staff for more details!**

\* Per USATF rules and regulations, coaches have completed a background screening as well as the USATF Safe Sport course.

USATF sanctioned track meets will be held at various locations and will involve traveling. Most of the meets are within 50 miles of the Chino area. Parents are responsible for all transportation, meals and boarding if necessary. You may make arrangements for your child to travel with other team members, however, all costs related to meals and lodging remains the parents' responsibility. At least one parent or responsible adult will be required to attend each meet with their athlete.

We ask that you please do not interrupt coaches while they are coaching. It is hard to answer questions and focus on training your children at the same time. Questions can be addressed to the coaches before or after practice.

From February through April, competition season begins with practice meets, AKA "B" meets. Parents will be responsible to pay the meet fees at the meet itself for their athletes each week. There will be a registration area at each meet where you will be able to pay the day of the event. Information will be provided regarding each meet ahead of time.

From April to June, meet fees will be collected *prior* to the registration deadline for the "A" Meets. The deadline to pay the registration fee will depend upon the host clubs registration deadline. The Field Secretary will notify parents via email and on the club's FB page of the deadlines. If fees are not paid by the deadline, late registration fees will be assessed (Association rules). All registration fees, including late fees, will be forwarded to the host club.

All participants, and their parents, are expected to participate in all team fundraisers. Our largest fundraiser is the Chino Pumas Track Meet which will be held **April 4<sup>th</sup>, 2020. Please mark your calendars!!**

The Chino Pumas Track Meet annual track meet is **vital** to the success of our season and requires all parents to participate. **It's all hands on deck for this event!!** Participation includes assisting at the various events throughout the venue from Registration, to staging to finish line and everything in between. Close to the event, parent meetings will be held to discuss club business and planning for this event beginning in February.

Chino Pumas Track Club is a non-profit organization and must adhere to a strict set of guidelines. The IRS states that activities" must **not** be organized or operated for the benefit of private interest or individual". Therefore, all "official" fundraising activities will be sent via email and posted on our team's webpage as well as Facebook page. If an individual wants to raise funds for their athlete(s), they may opt out of our official team fundraising activities. In opting out, the individual also forfeits any possible benefits for team fundraising activities and donations made to that individual are not a tax write off under our 501(c)(3) status. Please help us protect our non-profit status!

The following fee information is a preliminary estimate:

**Season Club Fee:** \$120 per athlete for current Grade K-6 students  
\*(includes a \$20 registration fee for USATF Registration) If you have 3 or more children competing, please ask about sibling discount.

\$80.00 per athlete for current Junior High School athletes (7<sup>th</sup> and 8<sup>th</sup> grade)  
\*(includes the \$20.00 registration fee for USATF)

\$40.00 per athlete for current High School athletes who are not currently competing in CIF. Those competing in CIF and wish to join after their season for the few remaining meets may do so, but must pay \$20 for their USATF membership and provide age verification.

\*(includes the \$20.00 registration fee for USATF)

**Meet Entry Fees:** Approx. \$100-\$150 (for the entire season). This amount varies based on the number of events the individual athlete participates in and the meet type. If pre-registration is required for a meet, there are no refunds beyond the registration deadline and no changes to events beyond the deadline regardless of participation.

**Uniforms:** Approximately \$50-\$55 (jersey, shorts) required. This amount is subject to change and may be higher for adult sizes.  
Optional warm up suits and/or hoodies are only available to order at the beginning of the season and are \$60-65, depending on size.

\*\* We do accept credit cards, however there is a small processing fee assessed.

Team uniforms generally consist of a jersey, shorts and a warm up suit (optional). Each participant will have the opportunity to purchase these items from the team. Participants will need a pair of standard running shoes, and an optional pair of track spikes depending on the event. Spikes must be 3/16 diamonds per regulation. If this is your first season, we recommend you consult with one of the coaches before purchasing anything.

Meet information will be provided to the parents as soon as it is available from the host club. Information will be given at practices, posted on our FB page (Chino Pumas Youth Track Club) and via email, so **please** check the email address you provided on a regular basis. A tentative schedule for the track and field season is listed below, and you can always check the SCAUSATF website for more information at [www.scausatf.org](http://www.scausatf.org).

At most events, the host club usually offers a snack bar, but choices are limited. It is best to plan ahead and bring your own food and drinks to each track meet, including plenty of water. Hydrating during the week is equally important and recommended! Sunscreen is also important as athletes are often in the sun for periods of time.

We strive to provide a positive experience for athletes, parents, coaches and other volunteers. If you have any questions, please feel free to ask seasoned track parents, Coach Ron, Coach John or Coach Kim or address them to Kim at [chinopumas1@yahoo.com](mailto:chinopumas1@yahoo.com).

# SCAUSATF Youth Schedule 2020

## “B” Meets (Developmental)

Sat Feb 29, 2020

All day YOUTH: Valley United (B2)

Where: TBD

Sat Mar 7, 2020

All day YOUTH: Long Beach Sprinters All-Comers Meet (B1)

Where: TBD

Sat Mar 14, 2020

All day YOUTH: Bay Cities Unleashed All-Comers Meet (B2)

Where: TBD

Sat Mar 21 2020

All day YOUTH: Pacific Coast Shockwaves All-Comers Meet (B-1)

Where: TBD

Sat Mar 28, 2020

All day YOUTH: LA Jets Relay Carnival

Where: TBD

**Sat April 4, 2020**

**All day YOUTH: CHINO PUMAS All Comers Meet (B2)**

**Where: Chino High School, 5472 Park Place, Chino, CA**

## “A” Meets (Must be age verified to attend, Qualifying meets for Championships)

Sat Apr 11, 2020

All day YOUTH: Pasadena Running Roses Field Event Festival

Where: John Muir HS, Pasadena

Sat April 18 2020- April 19, 2020

All day YOUTH: Imani Invitational

Where: TBD

Sat Apr 25, 2020 - Sun Apr 26, 2020

All day YOUTH: Long Beach Sprinters Invitational

Where: TBD

Sat May 2, 2020 - Sun May 3, 2020

All day YOUTH: Bay Cities Unleashed Invitational

Sat May 16, 2020 - Sun May 17, 2020

All day YOUTH: Pasadena Running Roses Invitational

Where: John Muir High School, 1905 Lincoln Ave, Pasadena, CA 91103,

Fri May 22, Sat May 23, Sun May 24, 2020

All day YOUTH: LA Jets Invitational

Where: TBD

Sat May 30, 2020 - May 31, 2020 (Last chance qualifier)

All day YOUTH: Pacific Coast Shockwaves Invitational

Where: TBD

**CHAMPIONSHIPS: \*\*Must have met Performance Standards to be eligible**

**ASSOCIATION CHAMPIONSHIPS (Top 8 in each division move on to Regionals)**

**Fri Jun 5, 2020 - Sun Jun 7, 2020**

**All day YOUTH: USATF So Cal JO Track & Field Championships**

**Where: TBD**

**REGIONAL CHAMPIONSHIPS (Top 5 in each division move on to Nationals)**

**Fri Jun 12, 2020 – Sun Jun 14, 2020**

**All day YOUTH: USATF Region 15 JO Track & Field Championships**

**Where: TBD- Escondido, CA**

**NATIONAL CHAMPIONSHIPS**

**Mon Jul 27, 2020 - Sun Aug 2, 2019**

**All day USATF National JO Track & Field Championships**

**Where: University of North Florida, Jacksonville, FL**



**PARENT CONTACT INFORMATION**

**Athlete's Name:** \_\_\_\_\_

**Athlete Date of Birth:** \_\_\_\_\_

**USATF Number:** \_\_\_\_\_

**Parent(s) Name:** \_\_\_\_\_

**Relationship to Athlete:** \_\_\_\_\_

**Athlete/Parent Address:** \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

**Parent(s) Phone:** \_\_\_\_\_

**(Optional -to receive updates/team info/pics of athlete, etc.)**

**2nd Parent/Guardian Name:** \_\_\_\_\_

**Relationship to Athlete:** \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

**Parent/Guardian Phone:** \_\_\_\_\_



## Chino Youth Track Club Participation Contract

### Section I:

I/We the parent(s)/guardian(s) of the undersigned minor candidate of the Chino Youth Track Club, hereby give my/our approval to participate in any and all Chino Youth Track Club activities during the current season. I/We assume all risks and hazards incidental to such participating including transportation to and from activities, and I/We do hereby waive responsibility, release, absolve, indemnify and agree to hold harmless Chino Youth Track Club, USA Track and Field and CVUSD, the organizers, sponsors, supervisors, participants and persons transporting my/our child to and from activities, for any claim involving my child. I/We agree to be financially responsible to Chino Youth Track Club for any lost or willfully damaged equipment and hereby acknowledge that I/We will reimburse Chino Youth Track Club for any lost or willfully damaged equipment. I/We also agree to be financially responsible to any facility or team from any damages that occur because of actions of my athlete. Additionally, I/We the parent(s)/guardian(s) understand that if my/our child is repeatedly disruptive, disrespectful or demonstrates aggressive behavior towards any other athlete, parent, coach or meet worker the team has the right to remove the athlete from either the event or the team depending on the severity of the behavior.

Athlete Name: \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to Athlete: \_\_\_\_\_



## **INSURANCE STATEMENT**

Each candidate and participant of the Chino Youth Track Club must be covered by medical insurance in case of injury or accident during the current track season. This track club does not underwrite the cost of medical insurance on either a team or individual basis for any candidate or participant. If you have no medical insurance your child may not participate as a member of the Chino Youth Track Club. If your current health/medical insurance policy is cancelled during the current track season and no replacement policy is provided, Chino Youth Track Club must be notified at once. The undersigned certifies that he/she has health/medical insurance coverage for his/her child and will notify Chino Youth Track Club if this status changes.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **PARENTAL HEALTH ACKNOWLEDGEMENT**

As the parent of legal guardian of \_\_\_\_\_, I acknowledge; that he/she is in good physical condition and is physically able to participate in all Track and Field events and training. I have been informed of the possibility of injury to my child during participation. I agree to hold harmless the Chino Youth Track Club or any member of its organization if injury should occur during training or track meets. If it has been some time since your child had been involved in a sport or physical activity, we strongly suggest you get a sport physical for your child.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_





## TREATMENT AUTHORIZATION

In the event of injury or illness to my child: \_\_\_\_\_ . I/We hereby grant the authority to qualified physicians/medical personnel to render such medical treatment as said physician deems necessary.

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Home Address: \_\_\_\_\_

Medical Insurance Carrier: \_\_\_\_\_

Policy No: \_\_\_\_\_

In Case of Emergency, Notify: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_