



Relay Carnival Track Meet Updated 3/3/16

Sponsor: The Los Angeles Jets Track Club

Sanctioned: The Southern California Association / USATF

Date: March 25th, 2017

Time: 8:00 a.m.

Site: Cerritos College
11110 Alondra Blvd
Norwalk, CA. 90650

**All-Weather Track surface and runways. Restricted 3/16"
Pyramid Spikes.**

Meet Directors: Alex Moore Sanoma Evans
(323) 396-6516 (213) 500-6375
Skipbassmaster2010@yahoo.com lajetstrack@gmail.com

Eligibility: Any boy or girl in the following divisions - 8 year olds Born 2009 and earlier, 9 & 10 Born 2008-2007, 11 & 12 Born 2006-2005, 13 & 14 Born 2004-2003, 15 & 16 Born 2002-2001, 17-18 Born 2000-1999.
Participant waiver/release forms for each athlete must be filled out and available prior to the meet. They can be found on the Usatf.org website.

Limitation: 8 & Under, 9-10 and 11-12 are limited to three events. 13-14 through 17-18 are limited to four events. Registration: Registration will start at 7:00 a.m. and will remain open all day.

Entry Fees: \$2.00 per individual event and \$8.00 per relay. Entry fees are to be paid in cash or club check (No personal checks will be accepted)

Parking: \$5.00 per car



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- Awards:** Custom Ribbons for first through eighth place. All others will receive participant awards.
- Check In:** All participants in running events must check in with the clerk of the course when their event is called. Field event participants must report directly to the Official on the field in charge of their event when it is called.
- Protests:** USATF Rules will apply. Protest must be accompanied by \$35.00.
- Concession:** A snack bar will be available.

2017 L.A. JETS RELAY CARNIVAL ORDER OF EVENTS

Running Event Order

- 1500m - 8 and Under (2009 & 2010 only) thru 17-18
- 4x200m Relay -All divisions
- 4x800m Relay- 11-12 thru 17-18
- 400m Dash - All divisions (please put year of birth for 8 & under)
- 4x100m Relay - All divisions
- Parent & Coaches 4x100m Relay
- 100m Dash - All divisions
- 4x400 Relay - All divisions



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Field Events

Shot Put - 17/18G, 17/18B, 15/16G, 15/16B, 13/14B, 13/14G, 11/12G, 11/12B, 9/10B, 9/10G, 8/UB, 8/UG

Long Jump - 8/UG, 8/UB, 9/10G, 9/10B, 11/12G, 11/12B, 13/14G, 13/14B, 15/16G, 15/16B, 17/18G, 17/18B

High Jump - 9/10G, 9/10B, 17/18G, 17/18B, 15/16G, 15/16B, 11/12G, 11/12B, 13/14G, 13/14B

Mini-Javelin - 8/UB, 8/UG, 9/10B, 9/10G,

Finn Flyer Javelin - 11/12G, 11/12B

Regulation Javelin - 13-14(G-B) through 17-18 (G-B)