

# IMANI TRACK CLUB

## 3<sup>rd</sup> INVITATIONAL TRACK MEET



- Sponsor By:** IMANI Track Club
- Sanctioned by:** Southern California Association/USATF
- Date:** Saturday & Sunday, April 22 & 23, 2017
- Site:** Gahr High School  
11111 Artesia Boulevard  
Cerritos, CA 90703
- Starting Time:** 7:00 AM Registration  
8:00 AM Field and Running Events
- Meet Director:** Steve Todd (562) 618-0435 or Yvette Williams (310) 748-8072
- Eligibility:** 2017 SCA rules require that all participants have a valid 2017 USATF membership. Membership may be done online at [www.usatf.org](http://www.usatf.org) Entries opened to any Boy or Girl, according to their year of birth, in the following Divisions:  
**8 & Under.....2009 & Later**  
**9 - 10.....2007-2008**  
**11 - 12.....2005-2006**  
**13 - 14.....2003-2004**  
**15 - 16.....2001-2002**  
**17 - 18.....1999-2000**
- Limitation:** 8 & under, 9-10 and 11-12 are limited to three events. 13-14 and above are limited to four events. **8 & under born 2011 or later (age 5 & 6 by December 31 are restricted to 100M, 200M, Long Jump, Mini-Javelin Shot Put, 4x100M Relay & 4x400M Relay).**
- Surface:** All-Weather Track and Runway. Restricted 3/16" Pyramid Spikes. ¼ Spikes.
- Registration:** To register individuals, unattached, and Teams, go online [www.athletic.net](http://www.athletic.net). Online entry deadline is midnight (PST), Tuesday, April 18, 2017.
- Packet Pick-Up:** Begins at 7am on day of event at Registration booth. **Please note:** The clerk **will not** accept entry tags that have been changed or altered.
- Entry Fee:** \$3.50 per individual event and \$14.00 per relay. Entries fees are non-refundable and must be paid by cash, money order, of club check made payable to "Imani Track Club". Unattached entries to be paid in cash or money order. **(NO PERSONAL CHECKS WILL BE ACCEPTED)**
- Late Entries:** \$7.00 per individual event and \$28.00 per relay. **Late entry table will close at 10:30 on both days.**
- Protests:** Must be made in writing (rule number must be indicated with a \$50.00 cash deposit within 30 minutes of posted result). Protest sheets will be available and must be returned to the registration table.

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- Awards:** Custom medals will be awarded to the first, second and third place. Custom ribbons will be awarded to fourth through eighth place in each event.
- Meet Results:** Will be provided On-Line under [www.scausatf.org](http://www.scausatf.org)
- Concession:** Food and Drinks will be available for purchase
- Check-In:** All participants in running events must check in at the Clerk of the Course when their events are called. Events check-in will close 10min after 3<sup>rd</sup> call No Exceptions. Field event participants must report directly to the official on the field in charge of the event when called.
- Parking:** \$5.00 per car (in/out allowed). The City of Cerritos is strict with parking restriction and will ticket & tow for illegal parking. Please respect all posted parking restrictions IMANI will not be liable for illegal parking of its guest. Tents and large umbrellas are restricted to the top rows on both sides of the track.
- Uninvited guest:** Please advise all parents and athletes **DO NOT** patron uninvited vendors; ice cream carts, or other sales person who have not been authorized to sell at our track meet. Authorized vendors will have a staff pass allowing them to sell items on the property. No sales are to be performed in the parking lots or adjacent streets.
- Pets:** **No** Pets allowed

**We are a non-profit track club who greatly appreciates your support for our Concession stands and invited vendors.**

**MEET WILL TAKE PLACE RAIN OR SHINE**

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## Order of Events Saturday, April 22, 2017

### RUNNING EVENTS – START TIME: 8:00 AM.

1500M Race Walk F 9-10/G, 9-10/B, 11-12/G, 11-12/B  
3000M Race Walk F 13-14/G, 13-14/B, 15-16/G, 15-16/B, 17-18/YW, 17-18/YM  
3000M Run F/F 11-12 (G-B), 13-14 (G-B), 15-16 (G-B), 17-18 (YW-YM)  
100M Dash S/F 8&U (G-B) through 17-18 (YW-YM)  
400M Dash F/F 7&8 (G-B) through 17-18 (YW-YM)  
4X100M Relay F/F 8&U (G-B) through 17-18 (YW-YM)  
400M Hurdles F/F 15-16/B, 17-18/YM, 15-16/G  
200M Hurdles F/F 13-14 (G-B)  
4x800M Relay F/F 11-12 (G-B) through 15-16 (G-B)

### FIELD EVENTS – START TIME: 8:30 AM.

High Jump F 11-12/G, 11-12/B, 13-14/G, 13-14/B  
Mini-Javelin F 8&U/G, 8&U/B, 9-10/G, 9-10/B **Finn Flyer Javelin** 11-12/G, 11-12/B  
Javelin (**follows Finn Flyer**) F 17-18/YW, 15-16/G, 13-14/G, 13-14/B, 15-16/B, 17-18/YM  
Long Jump F 9-10/G, 9-10/B, 17-18/YW, 17-18/YM, 15-16/B, 15-16/G, 13-14/G, 13-14/B  
Shot Put F 13-14G, 13-14B, 11-12G, 11-12B, 17-18YW, 17-18YM



## Order of Events Sunday, April 23, 2017

### RUNNING EVENTS – START TIME: 8:00 AM.

1500M Run F/F 7&8 (G-B) through 17-18 (YW-YM)  
200M Dash F/F 8&U (G-B) through 17-18 (YW-YM)  
110M Hurdles F/F 15-16(B), 17-18 (YM),  
100M Hurdles F/F 13-14 (B), 17-18 (YW), 15-16 (G), 13-14 (G)  
80M Hurdles F/F 11-12 (G), 11-12 (B)  
800M Run F/F 7&8(G-B) through 17-18 (YW-YM)  
100M Dash Final 8&U (G-B) through 17-18 (YW-YM)  
4X400M Relay F/F 7&8(G-B) through 17-18 (YW-YM)

### FIELD EVENTS – START TIME: 8:30 AM.

High Jump F 17-18/YW, 15-16/G, 17-18/YM, 15-16/B, 9-10/G, 9-10/B  
Discus F 11-12/G, 11-12/B, 13-14/G, 13-14/B, 15-16/G, 15-16/B, 17-18YW, 17-18YM  
Triple Jump F 13-14/G, 13-14/B, 17-18YM, 15-16/B, 15-16/G, 17-18/YM  
Long Jump F 8&U/G, 8&U/B, 11-12/G, 11-12/B,  
Shot Put F 9-10/G, 9-10/B, 8&U/G, 8&U/B, 15-16/G, 15-16  
Pole Vault F 13-14/G, 13-14/B, 15-16/G, 15-16/B, 17-18/YW, 17-18/YM

