



19th ANNUAL ALL-COMERS MEET

USATF Sanction Development Meet

HOSTED BY: Bay Cities Unleashed Youth Track and Field Club
DATE: Saturday March 04, 2017
SITE: Narbonne High School, 24300 S. Western Ave harbor City, CA 90710
STARTING TIME: 7:00AM REGISTRATION – 8:00AM RUNNING/FIELD EVENTS
MEET DIRECTOR: George Cannon – 310 632 3908 (bcunleashedgc@aol.com)

ELIGIBILITY: Boys and Girls in the following Divisions:

AGE GROUP	BORN
8 & under	2009 and later
9 & 10	2007 – 2008
11 & 12	2005 – 2006
13 & 14	2003 – 2004
15 & 16	2001 – 2002
17 & 18	1999 - 2000

LIMITATION:

- 8 or under; 9-10; and 11-12 years old are limited to 3 events.
- 13-14; 15-16; 17-18 years old are limited to 4 events.

SURFACE: All-weather track and runway ¼ spikes or less.

REGISTRTION: On-Site Registration at the gate for individuals, unattached and Team.

ENTRY FEE: \$2.00 per individual events and \$8.00 per relay.

Team entries are to be paid in cash or club check. Unattached entries to be paid in cash or money order. **(NO PERSONAL CEHCKS WILL BE ACCEPTED).**

AWARDS: Ribbons for all flights.

CONCESSION: Food and drinks will be available for purchase.

MEET RESULTS: Will be provided On-line under www.scausatf.org

CHECK-IN: All participants must check in at the “Clerk of the Course” when their events are called. Field event participants must report directly to the official on the field in charge of the event when called

PARKING: No parking on 247th Street to attend the track meet.

ORDER OF EVENTS

RUNNING EVENTS START TIME: 8:00 AM

EVENTS	AGE GROUP
1500M RUN	ALL DIVISIONS (EXCEPT – NO AGES 5 & 6)
100M	ALL DIVISIONS
4 X 100M RELAY	ALL DIVISIONS
200M	AGES 5 & 6 ONLY
400M	ALL DIVISIONS (EXCEPT – NO AGES 5 & 6)
400M HURDLES	15-16(G), 17-18(G), 15-16(B), 17-18(B)
200M HURDLES	13-14(G), 13-14(B)
1500M RACEWALK	9-10(G;B), 11-12(G;B), 13-14(G;B), 15-16(G;B), & 17-18(W;M)
4 X 800M RELAY	11-12(G;B), 13-14(G;B), 15-16(G;B), & 17-18(W;M)

FIELD EVENTS START TIME: 8:00 AM

EVENTS	AGE GROUP
Long Jump	13-14(G;B), 15-16(G;B), 17-18(W;M), 11-12(G;B), 9-10(G;B), 8&UNDER(G;B)
High Jump	11-12(G;B), 9-10(G;B), 13-14(G;B), 15-16(G;B), & 17-18(W;M)
Shot Put	15-16(G;B), 13-14(G;B), 8&UNDER(G;B), 11-12(G;B), 9-10(G;B), & 17-18(W;M)
Mini (Turbo) Javelin	9-10(G;B), 11-12(G;B), 8&UNDER(G;B), 13-14(G;B 600 gm)

MEET WILL TAKE PLACE RAIN OR SHINE